# Libertyville High School Social Norms Data

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#### Social Norms Theory and Marketing

#### **Attribution Theory**

- Tendency to attribute other people's observed behavior as indicative of their essential character
- We most often attend to what is unique or aberrant rather than what is common.
- Cultural media bombard the public with news stories about aberrant behavior - reinforcing the "commonality" of this behavior

# Social Norms Theory and Marketing Social Norms Theory

- People's behavior is influenced by their perception of how other members of their social group behave.
- Our perceptions are often (usually) incorrect.
- Individuals accept misperceptions of the status quo rather than actively intervene to change it – perpetuates the myth

# Social Norms Hypothesis

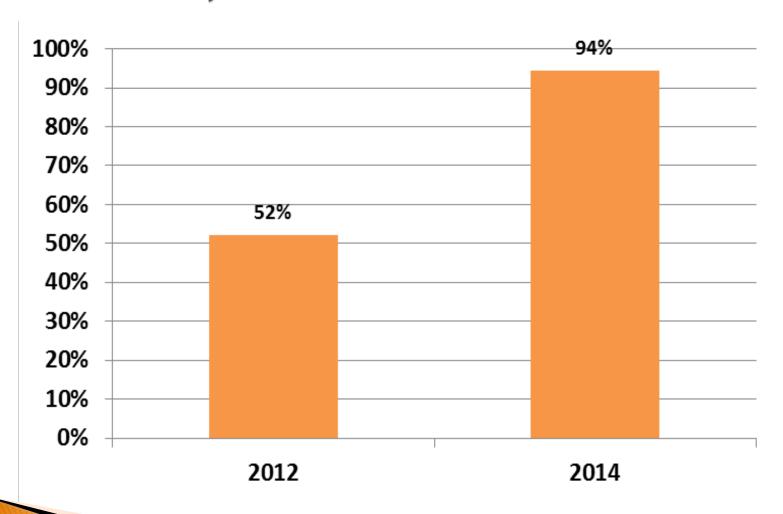
Changing the Misperception of Social Norms

(i.e., decreasing the overperception of alcohol, tobacco, and drug use among peers)

Changes Human Behavior.

(i.e., reduces these behaviors)

# Exposure to Social Norms Media i.e., Seen Alcohol Posters

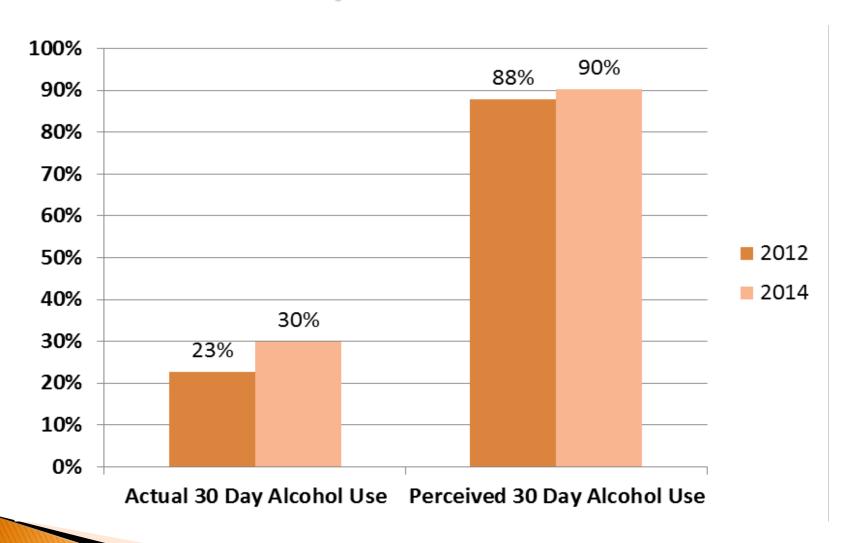


### Media Exposure and Believability

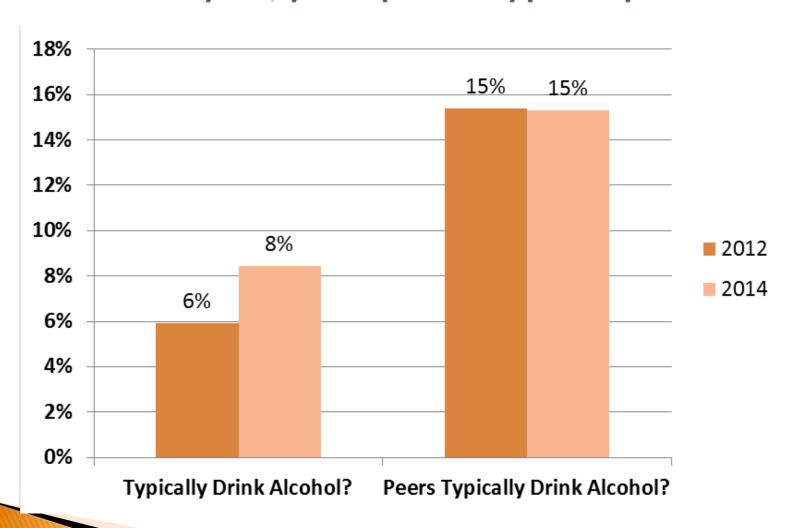


- Was this poster believable? 51%
- Discussed poster with friends? 71%

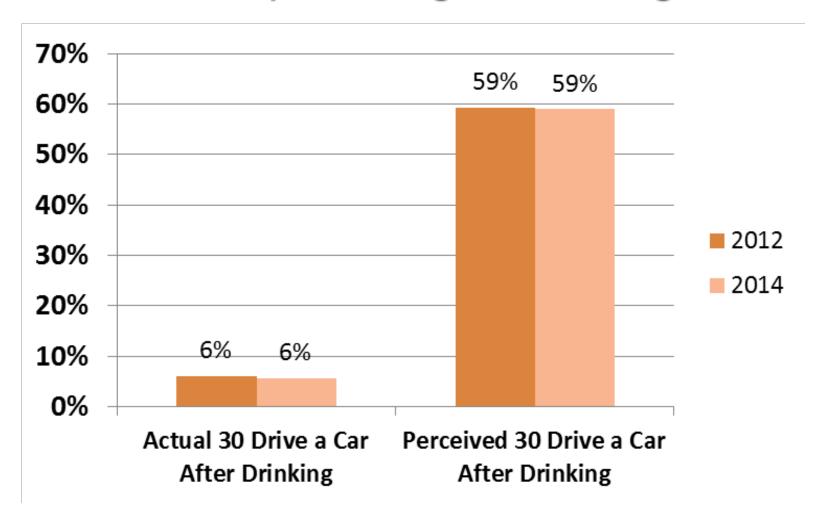
#### 30-day Alcohol Use



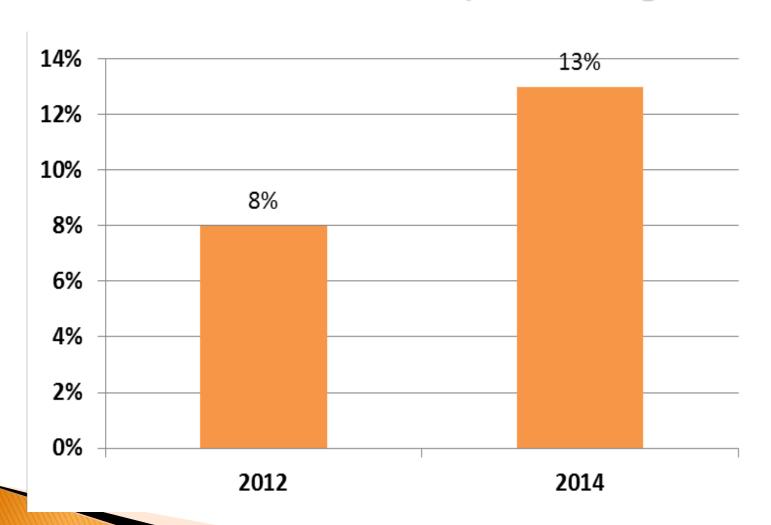
# When hanging out or socializing with friends, what do you/your peers typically drink?



#### 30-Day Drinking and Driving



# If you drank alcohol in the last 30 days, from whom did you get the alcohol? A friend under 21-years of age



#### Summary of findings...

- Increase in exposure to media
- No change in the perception of alcohol use
- Increase in self-reported 30-day alcohol use
- Slight increase in typical alcohol use
- No change in drinking-and-driving
- Increase in students getting alcohol from friends under 21 years-of-age
- This happened under the guidance of an experienced social norms marketer (Lake County Health Organization)

Why did this happen?

# Threats to Internal Validity

Internal Validity is when observed differences on the dependent variable are directly related to the independent variable, and not due to some other unintended variable.

A <u>history threat</u> is when an unforeseen event occurs during the course of the study.

# Threats to Internal Validity

- Spring 2012 survey was administered two weeks BEFORE the turnabout dance
- Spring 2014 survey was administered two weeks AFTER the turnabout dance
- It is likely that the change in self-reported 30-day drinking is the result of a celebratory event before the survey administration

#### I don't believe any of this...

- No kidding...
- We are challenging very deeply held beliefs about the behaviors of their peers
- Roughly 90% of Libertyville HS students still believe that their peers drink even though less than 30% actually do
- It is unlikely you will ever have more than 50% of Libertyville HS students believe you
- In fact, the students DO believe the posters

#### Students lie on the survey...

- Not likely...
- Demographics of the sample are really close to the demographics of the population
- Schools across the country are extremely similar to one another
- It is very unlikely that a student could "trick" my system of "cleaning" the data
- Regularly eliminate a very small percentage of inconsistent responders
- There is no reason for them to lie

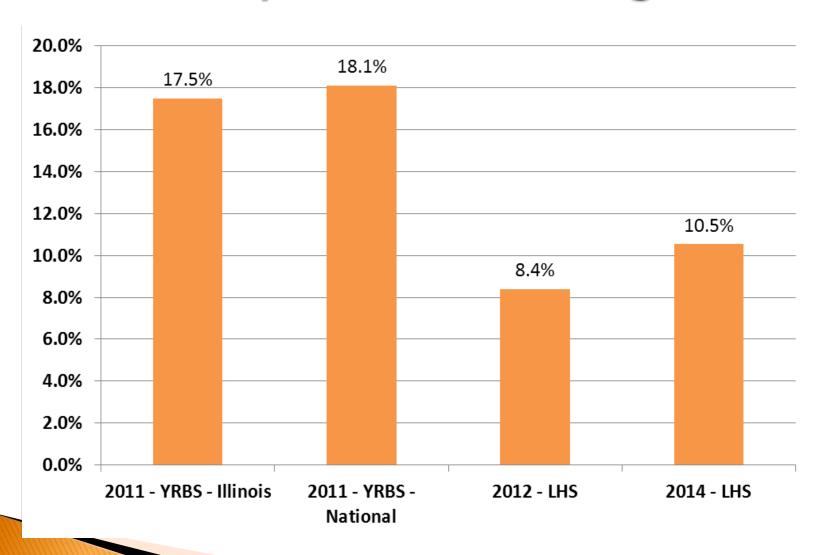
## Questions?

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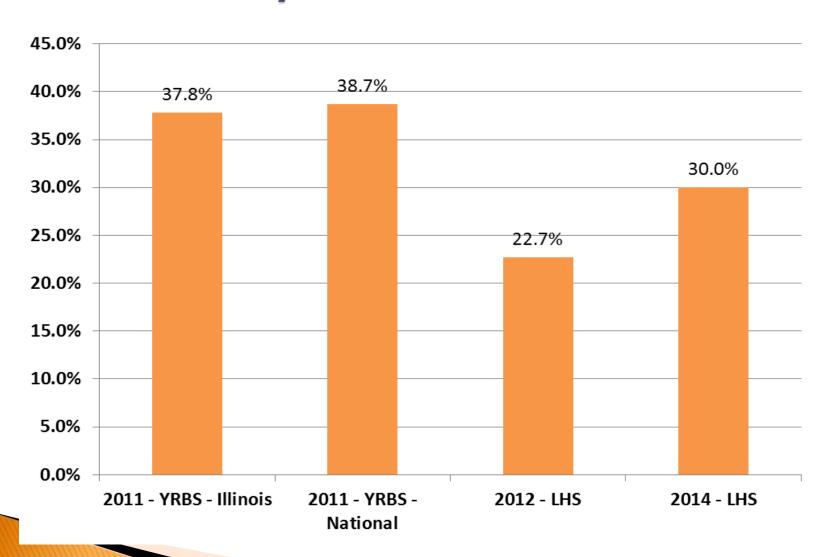
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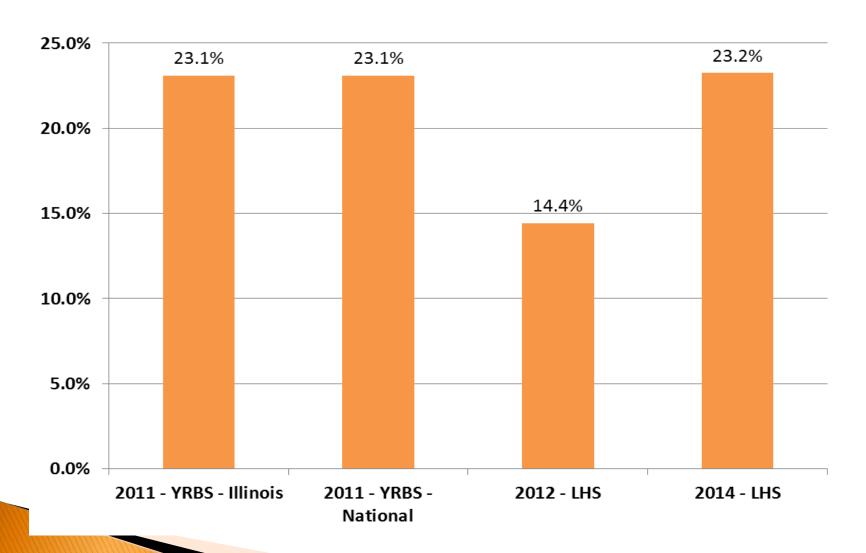
#### LHS Survey and YRBS - Cigarettes



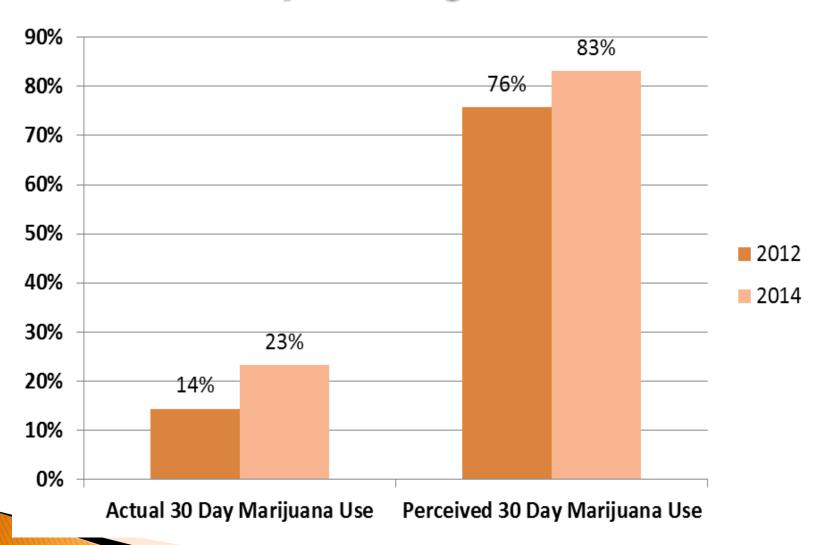
# LHS Survey and YRBS - Alcohol



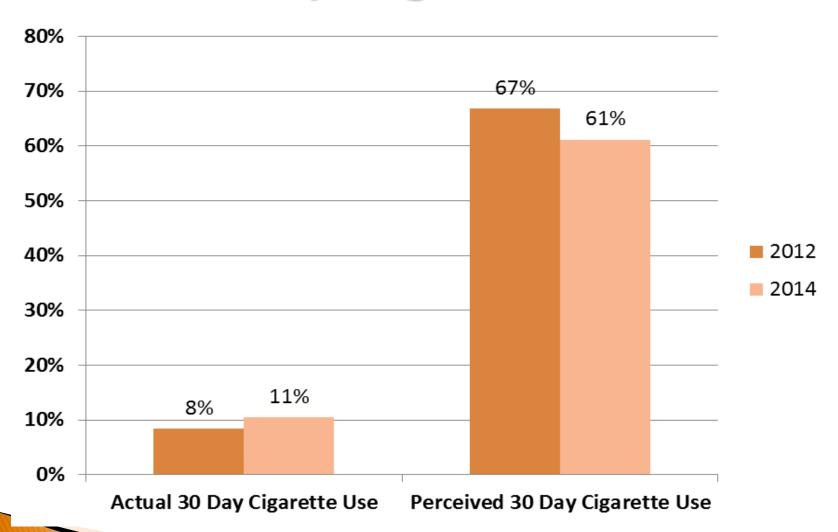
#### LHS Survey and YRBS - Marijuana



# 30-day Marijuana Use



## 30-day Cigarette Use



# Other Drug Use

